



# **A Practical Guide for Therapeutic Neuroscience Education**

**Royal Bournemouth Hospital**

**Saturday 20<sup>th</sup> & Sunday 21<sup>st</sup> August 2016**

**Tutor: Mike Stewart MCSP SRP PG Cert (Clin Ed)**

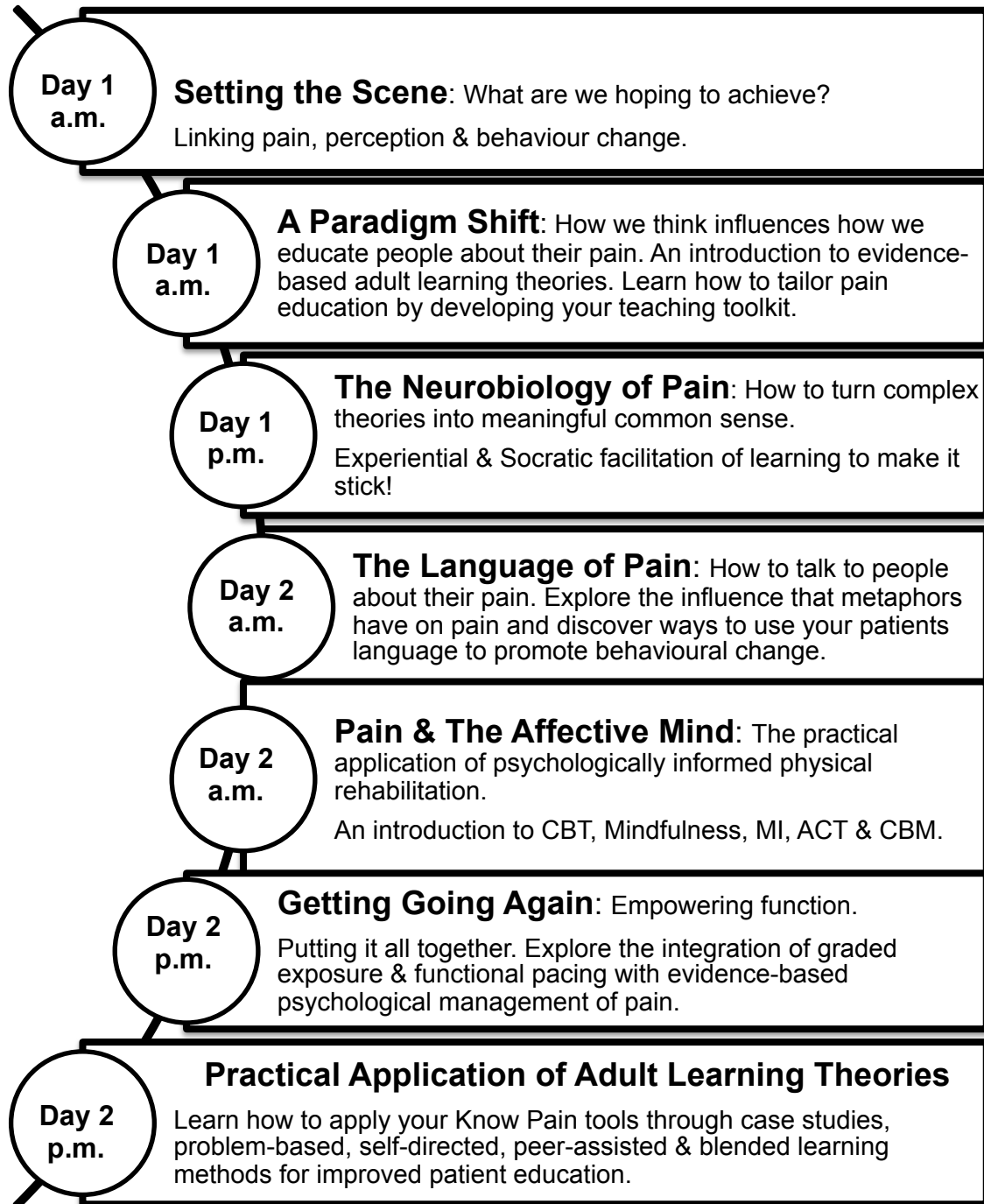
Mike is a physiotherapist and visiting university lecturer with over fifteen years of experience managing complex, persistent pain conditions. In addition, he is a dedicated practice-based educator committed to providing evidence-based education to a wide variety of health professionals. His Know Pain workshops have provided clinicians around the world with practical pain education skills. He is currently studying an MSc in Practice-based Education at The University of Brighton and is planning a PhD focusing on pain and communication. His published work has received international praise from the leading names in neuroscience.

## **Course Description:**

The challenge of successfully managing persistent pain can be one of the most daunting for both clinicians and sufferers. Patients are often frustrated after failed short-term interventions. It is often difficult to understand and explain high and prolonged levels of pain where a traditional tissue based cause is lacking. This course explores a cutting edge, patient centered approach using a variety of practical learning methods to help your patients understand their pain. It provides a range of practical applications and methods to take into your clinic and immediately apply with your patients. The course content blends a wide range of contemporary evidence from both educational and healthcare literature.

## **Course Outline:**

This introductory 2-day workshop is relevant to anyone who works with people in pain. It uses evidence-based educational methods to explore TNE from both clinical and educational perspectives. You will also learn how to apply these teaching skills within your practice setting. Patient education forms a significant component of modern healthcare, yet most clinicians have a limited toolkit. **To educate people about their pain, we must first learn to teach.**



**Cost: £275**

**Length: 2 Days**

**CPD Hours: 14**

**Contact:** For booking details visit [www.knowpain.co.uk](http://www.knowpain.co.uk)

## Special Promotion!

20% discount (£220) for multiple bookings of 2 or more people.  
Email [mike@knowpain.co.uk](mailto:mike@knowpain.co.uk) and quote **KPBOURNEMOUTH20** to take advantage of this offer.