

“Hamstrings in the Fast Lane”



7 December, 2018 - Chandos House, London

The next meeting in the not-for-profit MedEduCare SEMS Education series is all set to run in London on Friday, 7th December, 2018. The programme content and faculty have been developed in conjunction with Dr Noel Pollock, Chief Medical Officer for British Athletics and our Series Medical Director, Professor Nicola Maffulli.

Dr Pollock will co-chair a faculty specialising in current hamstring issues and management. If this is an area of interest in your current practice please book early as we expect the meeting to be fully subscribed.

0800 Registration, Refreshments and Commercial Exhibition

0850 Meeting Welcome Professor Nicola Maffulli

0900 Hamstring injuries: a scourge of modern sports activities Dr Carl Askling

0930 Hamstring injury prevention and management in British Athletics Dr Noel Pollock

1000 Clinical diagnosis: still the gold standard Dr Anne van der Made

1030 Refreshments and exhibition viewing

1100 Imaging Dr Justin Lee

1130 Hamstring injuries: a neural component? Professor Nick Webborn

1200 Be prepared to cut Professor Nicola Maffulli

1230 Roundtable discussion

1300 Lunch and exhibition viewing

1400 Advanced rehabilitation techniques Dr Carl Askling

1430 Hamstring Injury Rehabilitation in British Athletics: is classification helpful? Mr Shane Kelly

1500 EILP – not just shin splints and compartment syndrome Dr Nat Padhiar

1530 Refreshments and exhibition viewing

1600 Hamstring Injury prevention in football Mr Robin Sadler

1630 Hamstring Injury Management at Arsenal FC Dr Gary O'Driscoll

1700 Hamstrung! Do the words that we use with athletes help or hinder recovery? Mr Mike Stewart

1730 Roundtable discussion

1800 Meeting Close

Earlybird bookings are highly advised at a rate of £160 for the full day, including refreshments and hot lunch. Standard rates of £190 will apply after 31st October, 2018.

CPD accreditation application is in progress.

Booking forms are available from barryghill@hotmail.com or through the website www.mededucare.com where further information is also available.

Enquiries: sportsmed@mededucare.com